

LEVEL 10 BEAM COMPOSITION

BEAM ACRO [^] .2		
	FORMULA 1 (max C in Acro Fit Series)	FORMULA 2 (D/E in Acro Fit Series)
UTL	1a. 2-ele. Acro Fit Series w/ a C-Salto, OR 1b. 3-ele. Acro Fit Series w/a C (w/ or w/o hand support) 2. D/E Acro Fit (w/ or w/o hand support) 3. Min. of additional C salto* or additional D/E Acro Fit (w/ or w/o hand support) <i>* If the Acro Fit Series includes 2-C-Saltos, 1 may count as the add'l C Salto</i>	1a. 2-ele. Acro Fit Series w/ min. 1 D/E FLT, 2. One add'l D/E Acro Fit.
.05	1. 2-ele. Acro Series w/ C Salto 2. One D/E Acro Fit (w/ or w/o hand support)	1. Acro Fit Series w/ D/E Element 2. Additional C Salto
.10	1a. 2-ele. Acro Series w/ C-Salto 2a. One add'l C Salto OR 1b. Acro Fit Series w/out C-Salto 2b. One C-Salto (not in Acro Series) 3b. One D/E Acro Fit	1. Acro Fit Series w/ D/E 2. Add'l B/C Fit w/hand support
.15	1a. 2-ele. Acro Series w/ C Salto OR 1b. Acro Fit Series w/out C-Salto 2b. Only 1 D Acro Fit.	1a. Acro Fit Series w D/E 2a. No Additional Acro Fit OR 1b. No Acro Flight Series 2b. Only one D Acro Fit.
.20	1. No Acro Fit Series OR Acro Fit Series w/out a Salto or Aerial 2a. No add'l C or more difficult Salto/Aerial in exercise OR 2b. Performs only an isolated C-Salto or less difficult.	

BEAM DANCE [^] .2	
UTL	Minimum of 3 C's OR 2 Cs and 1 D/E
.05	2 Cs and 1 B OR 1 C and 1 D/E
.10	2 Cs OR 1B and 1 D/E
.15	1 C and 1 B OR 1 D/E
.20	1 C OR 2Bs

BEAM DISMPTS [^] .1	
UTL	Min. B Acro Fit or C Dance directly connected to C Dismount OR Any D/E Dismt.
.05	A Acro connected to C Dismt, OR B Dance connected to C Dismt. OR Acro Series with C connected to B Dismt, OR D/E Acro fit connected to B Dismt
.10	Isolated C (or less) Dismt. OR C Acro Fit or Dance connected to B or less difficult.